deficiencies in vitamins are not just a reflection of diet and lifestyle but also environmental, genetics and our own body factors; many factors such as stress, absorption, age, disease, and medications. vitamin injections are the most powerful way to fight fatigue, push your energy through the roof. it may even slow down the aging process. when receiving a vitamin injection, the body is saturated with vitamins, and every cell has as much as it needs immediately. many patients feel this right away, and enjoy the boost of nutrients.